

The cover features a vibrant design with horizontal stripes in dark blue, white, magenta, and yellow. A central white rectangle with a black border contains the text. Above the text is a decorative zigzag pattern in shades of pink and yellow.

home

binder

MEALS THIS WEEK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

REMINDERS:

WEEKLY FAMILY CHORES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

REMINDERS:

MENU FOR THE WEEK

MENU

GROCERY LIST

M

Blank light blue rectangular area for menu entry.

T

Blank light blue rectangular area for menu entry.

W

Blank light blue rectangular area for menu entry.

T

Blank light blue rectangular area for menu entry.

F

Blank light blue rectangular area for menu entry.

S

Blank light blue rectangular area for menu entry.

S

Blank light blue rectangular area for menu entry.

Vertical grey area with horizontal dashed lines for a grocery list.

HOME CLEANING CHECKLIST

1

2

3

4

5

6

7

8

9

10

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